



January  
2010



# NEWSLETTER

## Parks and Leisure Services

400 Alice Street, Ocean Springs, Ms 39564

Phone # 228-875-8665 Fax# 228-872-5001

## OS 1699

### 12 Week Weight Loss Challenge!!!



Be a part of a  
community losing  
1,699 pounds!!!!

**When:** Thursday nights  
beginning Jan. 21

**Where:** Alice Street Recreation Center

**What's provided:** Weekly private weigh-ins, weekly lessons on health, nutrition, and exercise, professional motivational speakers, and circuit training available with certified personal trainers!!!!

**Cost:** \$39

**Separate classes will be provided for Adults and Children ages 8 and up!!!!**

**Pre-registrations will be held Jan. 11-19, from 5pm-9pm at Nutrition By Design next to Planet Fitness at 2198 Bienville Blvd. For more information on this program please contact Vincent Jackson at 228-875-0335 or 228-380-0425.**

## KICKBALL COMING SOON!!

We will be offering a kickball league for the first time this year to children ages 3-4!! We are aiming to have registrations and begin the league between late March and early April. Stay tuned into our website and newsletters for more information!!



## BASKETBALL UPDATES!!!

Our basketball league officially kicks off Friday, Jan. 8<sup>th</sup>!! To keep up with the schedules and teams standings, please visit our website at [www.quickscores.com/oceansprings](http://www.quickscores.com/oceansprings)

## Recreation Programs

**Dance:** Ballet, tap & jazz are taught on Monday, Wednesday & Thursday evenings for ages 6-18. Contact Sandra Gaines for info: 228-872-7010.

**Irish Dancing Classes:** Classes are as follows: Tuesday evenings 6pm Beginner Irish dancing, ages 4-13. 7pm Beginner Irish dancing, ages 14 and up. Wednesday evenings 7pm Intro to hardshoe dancing. Sunday afternoons 3pm intermediate hardshoe dancing. 4pm Intermediate lightshoe dancing & Celie dancing. To register for for more info, call Julie Black at 327-2133.



**Karate:** Shotokan Karate meets once a week at the department's Alice Street facility. For details visit the Alice Street facility on Tuesday's at 6:30pm or call 228-861-4658

**Pottery:** Is taught by Steve Burt and Lisa Dickinson. Morning and Evening Classes are available. For details please call 228-872-7726 or 228-875-8460

**Table Tennis:** Is held on Mondays at the Alice Street Facility. The fee is \$2. For more information please call Mr. Weaver at 228-875-3349.

Gerri Straight- Director

Stephen Rawls – Athletics Coordinator

Steve Burt - Arts & Culture Coordinator

Meggan Purvis – Camp/Special Events Coordinator

Harold Mayfield – Park Superintendent

For more information, visit our website at [www.oceansprings-ms.gov](http://www.oceansprings-ms.gov) or call us at 875-8665.

OFFICE HOURS ARE MONDAY THROUGH FRIDAY 8AM TO 5PM